



PARTICIPANTS WITH **AUTISM** FOR **PHYSICAL EXERCISE STUDY NEEDED**

IRB# 2016-2859

About the Study

We are investigating the effects of physical exercise on anxiety in children with autism spectrum disorder (ASD). Participants will be asked to participate 3 times a week for 8 consecutive weeks in a physical exercise intervention or LEGO/Minecraft therapy. Parents will fill out questionnaires and participants will be asked to provide saliva samples. Up to \$60 in gift cards and small prizes will be provided for compensation.

Eligibility Requirements

- ❖ Children between 6 and 12 years old
- ❖ Clinical diagnosis of Autism Spectrum Disorder (ASD)
- ❖ Children are able to participate in moderate physical exercise
- ❖ Covered by CalOptima

Participation Involves

- ❖ Orientation
- ❖ Moderate physical exercise or playing with LEGOs/Minecraft
- ❖ Filling out questionnaires
- ❖ Providing saliva samples



Location

The Center for Autism & Neurodevelopmental Disorders – 2500 Red Hill Avenue, Santa Ana, CA 92705



For more information please contact:

Dr. Jean Gehricke's Lab – (949) 267-0494



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THE CENTER FOR AUTISM & NEURODEVELOPMENTAL DISORDERS

