



## From Power Struggle to Partnership:

Supporting Caregivers in Navigating the Early Years of Their Toddlers' Development

**Do you have a toddler that identifies as African-American or multiracial?**

**Do you want to learn more about how to build a positive relationship with your child?**

An African American psychologist, who is endorsed as an Infant-Family and Early Childhood Mental Health Specialist and Reflective Practice Facilitator II by the California Center for Infant-Family and Early Childhood Mental Health, will offer a relationship-based presentation for caregivers about the importance of building a secure and stable attachment to their child in their early years.

The workshop teach caregivers about early childhood development and provide parents with the tools to improve and strengthen the parent-child relationship. Caregivers will learn effective parenting techniques and strategies to better navigate developmental and environmental stressors that may occur within early development.

To register, please click [HERE](#)

**Date/Time:**

**Saturday September 18th, 2021**  
9:00AM –10:30AM

**Saturday, November 20th**  
9:00AM-10:30AM

**Saturday, February 19th, 2022**  
9:00AM-10:30AM



**COST:**  
FREE

For additional questions  
about this workshop please call  
**(949) 267-0444**